Instructions for feces sampling kit for gut microbiota analysis (brush type)

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#### ☆ Contents of the kit. Please confirm the contents before use.

Sampling container	1 piece
Feces sampling sheet	1 sheet
(You can throw the sheet into the toilet after use.)	
Instructions that you are reading now	1 sheet

The products are intended primarily for research purposes.

#### ☆ Notice!!

In case of contact with the liquid in the collection tube by mistake, wash in water immediately although the liquid causes no harm instantly.

## ☆ Notice!!

Please make sure to urinate before the sampling, and then start the sampling procedures as below.

### ☆ Notice!!

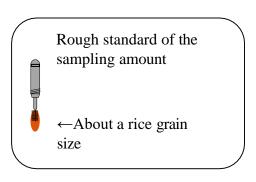
It is sufficient to take about a rice grain size feces after several stabbings.

Do not take too much feces, or the feces will overflow from the container.

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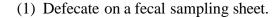


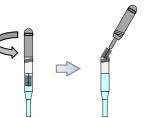
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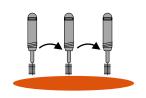
# How to sample feces





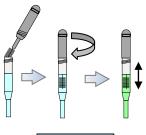


- (2) 1 Hold the sampling container with keeping a narrow part downward to prevent spilling the liquid in the tube.
  - -2 Unscrew the pink part, then pull it up



(3) Take feces so that it sticks only to the brush part.

Stab the feces with the brush part <u>several times in different</u> places of the central portion.



- (4)-1 Return the brush part into the tube.
  - Turn and tighten the pink part.Please make sure proper closure.
  - -3 Shake the container 5 or 6 times to mix the contents.



(5) Please store the container with the sample in the supplied plastic bag at room temperature (1-30°C) until the submission day.