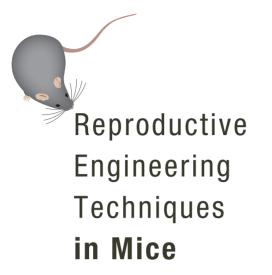
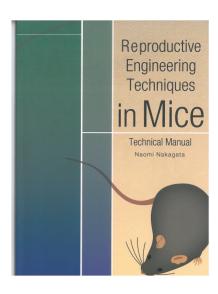
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Technical Manual By Naomi Nakagata In cooperation with Shuuji Tsuchiyama Division of Reproductive Engineering Center for Animal Resources & Development (CARD) Kumamoto University, Japan

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## Preface

In recent years, the number of genetically engineered mice being produced has increased dramatically. Moreover, the rapid progress in the development of genome-editing (TALEN and CRISPR/Cas9) techniques for molecular biology research has been remarkable, so much so that a genetically engineered mouse strain can be produced easily in a few months. Production has been supported by reproductive engineering techniques such as *in vitro* fertilization, embryo and sperm cryopreservation, and embryo transfer techniques. Such techniques have become invaluable peripheral technologies, and their use is expanding rapidly.

This rapid expansion has led to the publication of many technical manuals relating to reproductive engineering techniques in mice hereto. However, mouse reproductive engineering techniques mainly involve delicate operations under a stereoscopic microscope, which means that a sufficiently detailed technical manual has not yet been published.

With that in mind, in this book we aim to create a mouse reproductive engineering technique manual that can be easily understood by anyone. We included a generous number of diagrams, photographs and videos in our manual, and explained each step of each reproductive engineering technique as clearly and thoroughly as we could. We sincerely hope that our manual will become the definitive guide for students, technicians, researchers and other people wishing to study mouse reproductive engineering techniques.

Naomi Nakagata

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\* Please see page 90 for details.

6

#### Chapter 6

## 6-1 Simple Vitrification of Mouse Embryos

### **Materials and Equipment**

- 1. 1 M DMSO
- 2. DAP213
- 3. Plastic dish (35 mm X 10 mm Cat. No. 430588; CORNING)
- 4. Filter unit (Millex-GV 0.22 µm Cat. No. SLGV013SL; MILLIPORE)
- 5. Gel loading tip (MBP Gel 200, Cat. No. 3621; Molecular BioProducts)
- 6. Transfer pipettes
- 7. Cryotubes (Cryogenic Vials Cat. No. MS-4501W; Sumitomo Bakelite, Japan is recommended. If you cannot get it, use Cat. No. 366656; NUNC.)
- 8. Micropipette
- 9. Vial canes
- 10. Nalgene Labtop Cooler (Cat. No. 5115-0012; NALGENE, USA)
- 11. Liquid nitrogen
- 12. Microscope
- 13. 0.25 M sucrose
- 14. KSOM/AA
- 15. Liquid paraffin

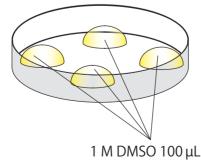
#### **Procedures**

#### **Preparation of a Block Cooler and Cryotubes**

- 1. A day before use, place a block cooler (Cat. No. 5115-0012; NALGENE, USA) in a freezer at  $-20^\circ\text{C}$  .
- 2. About 10 minutes before commencing the vitrifying procedure, take the block cooler out of the freezer.
- 3. Stand some cryotubes in the block cooler. About 40 embryos / cryotube are easy to handle; in other words, when you want to vitrify 120 embryos, you need to stand 3 cryotubes in the block cooler.
- 4. Just before starting the procedure, check the temperature inside of the tubes is at  $0^{\circ}$ C.

#### Vitrification

1. Filter the 1 M DMSO and put 4 drops of it (~100 µL / drop) into a dish. One drop is to wash the embryos taken from the collection medium, while the others are to hold the washed embryos.

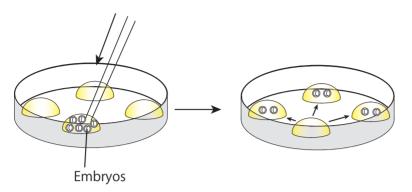


#### Crushed ice can be used instead of

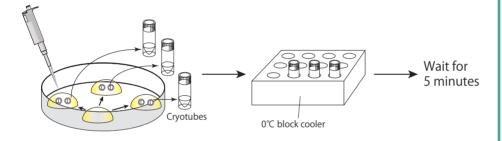
Comment

a block cooler.

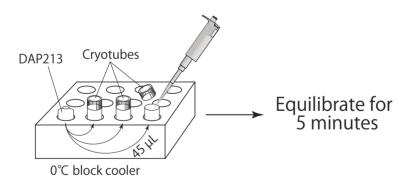
 Place a group of embryos into one of the 4 drops to rinse them of the collection medium. Divide the rinsed embryos equally between the other drops. These aliquots will eventually be transferred to a storage vial. For example, if one were to collect 120 embryos and vitrify them in 40-embryo aliquots, the embryos would first be placed together in the rinse drop and then divided equally among the three drops.



3. Using a 20  $\mu$ L pipette and a gel-loading tip, transfer the embryos contained within 5  $\mu$ L of 1 M DMSO solution into a cryotube. Once transferred, put the cryotube into the block cooler at 0°C and wait for 5 minutes.







#### Note

It is possible to keep the cryotubes in the block cooler at  $0^{\circ}$ C for longer than 5 minutes (<20 minutes).

#### Note

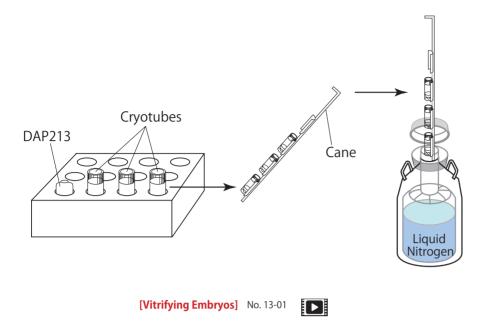
If the embryos are pushed together in the center of the drop, it is easy to suck them all up in 5  $\mu$ L of the 1 M DMSO solution.

#### Note

Do not fasten the caps too tightly after adding the DAP213, or they will be too difficult to remove quickly when samples are recovered from the freezer.

## Chapter 6 Cryopreservation of Oocyte & Embryo

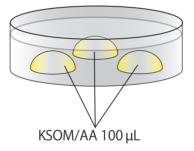
5. Quickly set the cryotubes on a cane and plunge the samples directly into liquid nitrogen.



#### **Preparation for Thawing**

1. Put 3 drops (100  $\mu$ L/drop) of KSOM/AA into a dish and cover them with liquid paraffin. Place the dish in an incubator (37°C, 5% CO<sub>2</sub> in air) for at least 30 minutes.

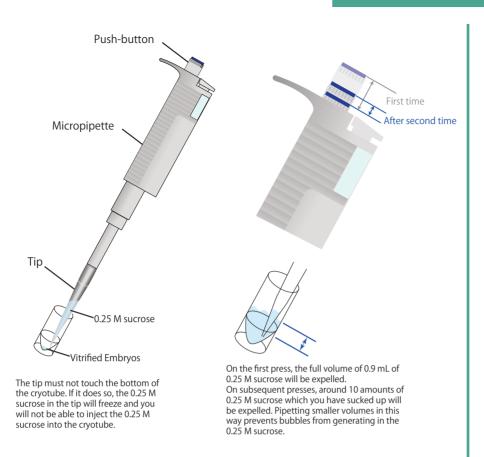
## [Washing dish]



2. Warm 0.25 M sucrose in an incubator ( $37^{\circ}$ C, 5% CO<sub>2</sub> in air) before use.

#### **Recovering Vitrified Embryos**

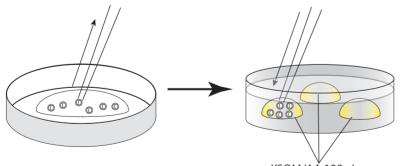
- 1. Remove the required sample from the liquid nitrogen and open the cryotube cap. Discard any liquid nitrogen in the tube and allow it to stand at room temperature for 30 seconds.
- 2. Add 0.9 mL of 0.25 M sucrose (preheated to 37°C) to the cryotube and warm the sample quickly via pipetting. When pipetting, take care not to generate large amounts of bubbles and to not physically damage embryos by pipetting too quickly. Once warmed, transfer the contents of the cryotube into a culture dish.



3. Place 0.4-0.5 mL of 0.25 M sucrose into the cryotube, and transfer the contents into the plastic dish. This further dilutes the cryoprotectant and ensures that all of the embryos have been transferred.



4. Aspirate the embryos from the liquid and carefully transfer them into a drop of KSOM/ AA (washing dish), then keep them in an incubator ( $37^{\circ}$ C, 5% CO<sub>2</sub> in air).



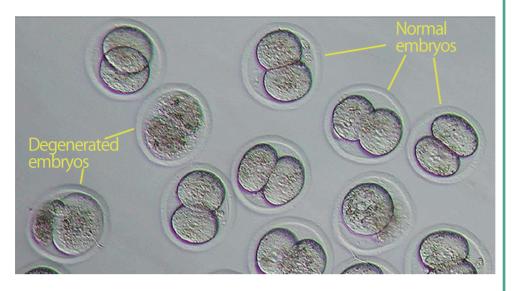
KSOM/AÅ 100 µL

#### Note

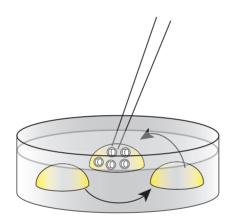
It is very important to warm the sample quickly to avoid damaging the embryos due to the toxicity of the cryoprotective solution (DAP213).

## Chapter 6 Cryopreservation of Oocyte & Embryo

1. [Micrograph : Embryos Recovered after Vitrification]



5. After 10 minutes, wash the embryos with 2 cycles of fresh KSOM/AA (washing dish).





- 1. Nakagata N. 1989. High survival rate of unfertilized mouse oocytes after vitrification. *J. Reprod. Fert.* **87**: 479-483.
- Nakagata N. 1993. Production of normal young following transfer of mouse embryos obtained by *in vitro* fertilization between cryopreserved gametes. *J. Reprod. Fert.* 99: 77-80.
- 3. Nakagata N. 1995. Studies on cryopreservation of embryos and gametes in mice. *Exp. Anim.* **44**: 1-8.
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## 6-2 Simple Vitrification of Mouse Oocytes

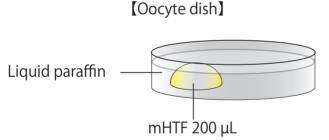
## Materials and Equipment

- 1. Female mice superovulated with PMSG and hCG
- 2. Plastic dishes (35 mm X 10 mm Cat. No. 430588; CORNING)
- 3. Liquid paraffin
- 4. Micropipette
- 5. Pipette tips
- 6. mHTF
- 7. 1% Hyaluronidase in mHTF
- 8. Fetal bovine serum (FBS Cat. No. 26140-087; Gibco)
- 9. Filter unit (Millex-GV 0.22 µm Cat. No. SLGV013SL; MILLIPORE)
- 10. Glass capillaries for embryo handling
- 11. Humidified incubator (37  $^\circ C$  5% CO\_2 in air)
- Materials and equipment used for vitrification and warming of embryos (For washing warmed oocytes, mHTF drops are used.)
   (Please refer to the chapter of Simple Vitrification of Mouse Embryos on page 54.)

## Procedures

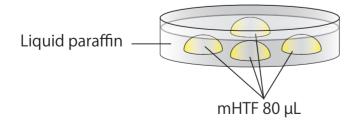
#### **Preparation of Dishes**

1. Put a 200  $\mu$ L drop of mHTF into a dish. Cover it with liquid paraffin and place it in an incubator (37°C, 5% CO<sub>2</sub> in air) for at least 30 minutes.

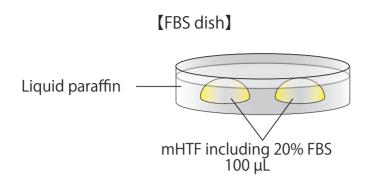


2. Put 4 drops (80  $\mu$ L/drop) of mHTF into a dish. Cover them with liquid paraffin and place the dish in an incubator (37°C, 5% CO<sub>2</sub> in air) for at least 30 minutes.

[Washing dish]

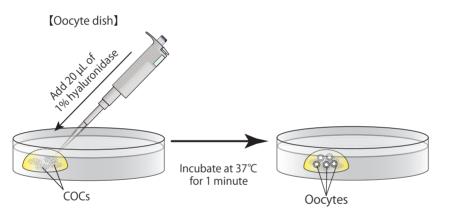


 Prepare some mHTF including 20% FBS, and sterilize it using a filter. Put 2 drops (100 µL/ drop) of the medium into a dish. Cover them with liquid paraffin and place the dish in the incubator (37°C, 5% CO<sub>2</sub> in air) for at least 30 minutes.

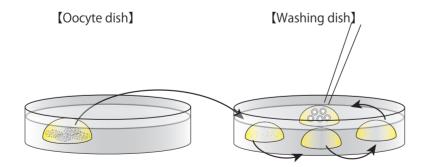


#### **Preparation of Denuded Oocytes**

- Collect cumulus-oocyte complexes (COCs) from superovulated female mice and introduce them into a 200 µL drop of mHTF (Oocyte dish). (Please refer to the chapter of *In Vitro* Fertilization on page 9.)
- 2. Add 20  $\mu$ L of 1% hyaluronidase to the drop of mHTF containing the COCs, and keep the dish in an incubator (37°C, 5% CO<sub>2</sub> in air) for 1 minute.



3. Promptly collect and transfer the oocytes into a 80  $\mu$ L drop of mHTF (Washing dish), and in turn wash them in the drops in the washing dish.



Note

Be sure to carry out all operations, from sacrificing the female and removing her oviducts to introducing the COCs into a drop of mHTF (Oocyte dish), in the shortest time possible (within 30 seconds).

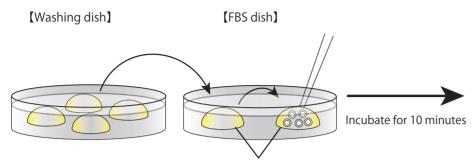
Moreover, when carrying out this process alone, do not sacrifice multiple mice at once; instead, sacrifice one mouse and swiftly remove its oviducts before moving on to the next mouse.

#### Comment

If some cumulus cells become attached to the zona pellucida of the oocytes, they can be removed by manipulating the glass capillary.

#### **Culturing Oocytes in a Drop Containing FBS**

1. Transfer the oocytes into the first drop in the FBS dish to rinse. Then, transfer them into the second drop to incubate  $(37^{\circ}C, 5\% \text{ CO}_2 \text{ in air})$  for 10 minutes.



mHTF including 20% FBS 100 µL

#### **Simple Vitrification of Mouse Oocytes**

 The oocytes can be vitrified using the simple vitrification method for embryos, after removing cumulus cells and culturing them in a drop containing FBS.
 Moreover, the warming method is the same as for embryos. (Please refer to the chapter of Simple Vitrification of Mouse Embryos on page 54.)

#### In vitro Fertilization using Vitrified-Warmed Oocytes

 The vitrified-warmed oocytes can be used for *in vitro* fertilization using fresh, cold temperature transported and frozen-thawed spermatozoa.
 Please refer to the chapters of *In Vitro* Fertilization on page 6, *In Vitro* Fertilization using Epidydimal Sperm Transported at Cold Temperature on page 18 and *In Vitro* Fertilization using Cryopreserved Spermatozoa on page 26.



 Nakagata N., Takeo T., Fukumoto K., Kondo T., Haruguchi Y., Takeshita Y., Nakamuta Y., Matsunaga H., Tsuchiyama S., Ishizuka Y., Araki K. 2013. Applications of cryopreserved unfertilized mouse oocytes for *in vitro* fertilization. *Cryobiology*. 67(2):188-92.

#### Comment

FBS can prevent zona hardening in the oocyte during vitrifying and warming.

#### Note

There are three different methods of preparing CARD MEDIUM<sup>®</sup>, depending on whether *in vitro* fertilization will be carried out using fresh, frozen-thawed or cold-temperature transported spermatozoa. Please refer to the CARD MEDIUM<sup>®</sup> instruction manual.

## 6-3 Vitrification and Transplantation of Mouse Ovaries

### **Materials and Equipment**

- 1. 35-mm sterile plastic tissue culture dishes
- 2. mWM
- 3. Donor: Female mouse (1 day to 30 weeks old)
- 4. Recipient: Four-week-old female mouse (a strain that is histocompatible with the transplanted ovary)
- 5. Anesthetic
- 6. Micro-spring scissors (5 mm blade)
- 7. Pair of watchmaker's #5 forceps
- 8. Wound clip (Autoclip 9 mm; Clay Adams Cat. No. 427631) and clip applicator (Mik-Ron Autoclip Applier; Clay Adams Cat. No. 427630)
- 9. Hot plate (37°C)

#### **Procedures**

#### **Collection of Ovaries**

- Sacrifice a donor female and remove her ovaries.
   (Please refer to the chapter of *In Vitro* Fertilization on page 9.)
- 2. Place the ovaries in a dish containing an adequate amount of mWM.

#### Vitrification

Ovaries can be cryopreserved following the same method used for embryos.
 (Please refer to the chapter of Simple Vitrification of Mouse Embryos on page 54.)

#### Transplantation

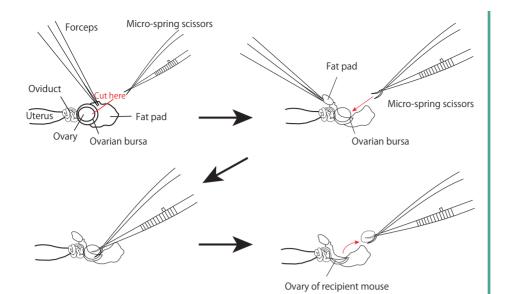
- 1. Anesthetize a recipient mouse.
- 2. Pull out the ovary, oviduct and part of the uterine horn as per the conventional procedure.

(Please refer to the chapter of Embryo Transfer into the Oviduct on page 67.)

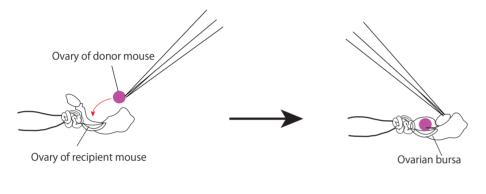
- 3. Using the micro-spring scissors, cut open approximately 1/4 of the recipient's ovarian bursa and some of the surrounding fat pad. Lift up the fat to reveal the ovary.
- 4. Cut off 1/2 2/3 of the ovary using the micro-spring scissors (curved blade).

#### Comment

By using micro-spring scissors with a curved blade, it becomes easier to place the donor ovary on the residual recipient ovary.



5. Insert the donor ovary into the residual ovary of the recipient, and cover it with the ovarian bursa.



[Transplantation of Mouse Ovary] No. 15-01

- 6. Push the ovary, oviduct, and part of the uterine horn back into the abdomen, and close the wound using wound clips.
- 7. Repeat the process for the ovary on the other side of the recipient mouse as described above.
- 8. Keep the mouse warm on a 37°C warming plate until the mouse recovers from the effects of the anesthesia.



- 1. Migishima F., Suzuki-Migishima R., Song S.Y., Kuramochi T., Azuma S., Nishijima M., and Yokoyama M. 2003. Successful cryopreservation of mouse ovaries by vitrification. *Biol. Reprod.* **68**: 881-887.
- 2. Tsuchiyama S., and Nakagata N. 2009. Cryopreservation of ovaries from elderly female mice. *Exp. Anim.* **58**(3) Suppl: 248.